

A background image of a beach with sand and shallow water. Overlaid on the image is a decorative graphic consisting of a black outline wreath with a stem and leaves. Inside the wreath, the words "Creative Design" are written in a black, cursive script font. The word "Creative" is on the top line and "Design" is on the bottom line, both with a white drop shadow.

*Creative  
Design*

*Art Ministry*

**Workbook on Prayer**  
**A study into the scriptures and  
the heart of the Artist.**



# THE ART OF VISUALIZING PRAYER

February 25, 2023

Prayer is defined in the dictionary as an act of making a petition to God or of communion with God.

What does the Bible say about Prayer?

Prayer and Singing

Acts 16:25

Praying at all times in the spirit

Ephesians 6:18

Steadfastly in prayer

Colossians 4:2

Everything by prayer, with thanksgiving

Philippians 4:6

Help us by prayer

2 Corinthians 1:11

Pray and seek My face

2 Chronicles 7:14

Pray for one another

James 5:16

Prayer is more than a process and is important for our Christian faith. Christians have been given a gift from Jesus to be able to come to God in singing, at all times, steadfastly, with thanksgiving, to seek His help and lift each other up.

How has prayer become important in your life?

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## GROWING OUR PRAYER LIFE

### **Receiving of the Spirit:** John 20:21-22

"Jesus said to them again, "Peace be with you. As the Father has sent Me, even so I am sending you." And when He had said this, He breathed on them and said to them, "Receive the Holy Spirit."

### **Intercession of the Spirit:** Romans 8:26

"Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words."

### **The Fruit of the Spirit:** Galatians 5:22-23

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."

In a word or two, what do you see when you think of:

The Holy Spirit: \_\_\_\_\_

Intercession: \_\_\_\_\_

Love: \_\_\_\_\_

Joy: \_\_\_\_\_

Peace: \_\_\_\_\_

Patience: \_\_\_\_\_

Kindness: \_\_\_\_\_

Goodness: \_\_\_\_\_

Faithfulness: \_\_\_\_\_

Gentleness: \_\_\_\_\_

Self-control: \_\_\_\_\_

## HOW TO USE THIS WORKBOOK

When we come to God in prayer we typically find a place inside a building or outside watching a sunrise, sunset, or listening to the birds as the wind blows through the trees. We are either by ourselves or with a group of other believers.

Picture what was around you, what you heard, saw, or the feeling of the wind or the heat of the sun. You can still see those places when you close your eyes.

We like to look back at the moments in our lives and remember the color of the sky, the leaves on a tree, or even the people around us. That is why we paint, draw, take pictures or write.

Composing music or poems can be an expression of prayer and can create an emotional connection with God. Imagine the music at a coffee shop. Most of the time you don't even notice the tune or rhythm until you focus on it.

The exercises in this workbook are designed to help you visually focus and organize your thoughts about prayer and those moments. You do not have to finish the workbook if you already know what you want to create.

This is to help you appreciate and engage with our creator God. Have fun and enjoy visualizing your prayer moments on paper.



Heaven and Hell  
Photo Credit: Ji Mann

## THE LORD'S PRAYER

Pray then like this:

*"Our Father in heaven,  
hallowed be your name.*

*Your kingdom come,  
your will be done,  
on earth as it is in heaven.*

*Give us this day our daily bread,*

*and forgive us our debts,  
as we also have forgiven our debtors.*

*And lead us not into temptation,  
but deliver us from evil.*

*For if you forgive others their trespasses, your heavenly  
Father will also forgive you,*

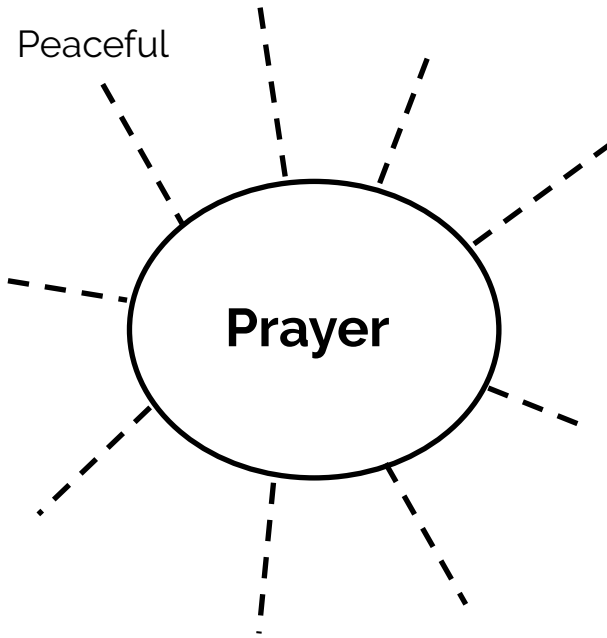
*but if you do not forgive others their trespasses, neither will  
your Father forgive your trespasses.*

Matthew 6:9-15

*For yours is the kingdom and the power and the glory,  
forever. Amen*

## WHY DO YOU PRAY?

Draw a line from the Prayer Circle and write words that help define why you pray. Add more lines if needed.



## PSALMS AND MUSIC

The Psalms are beautiful poetic songs of prayer.  
Underline the words that are descriptive.

Psalm 4:1

Answer me when I call, O God of my righteousness!

You have given me relief when I was in distress.

Be gracious to me and hear my prayer!

Psalm 6:9

The LORD has heard my plea;

the LORD accepts my prayer

Psalm 17:1

Hear a just cause, O LORD; attend to my cry!

Give ear to my prayer from lips free of deceit!

Psalm 32:6

Therefore let everyone who is godly

offer prayer to you at a time when you may be found;

surely in the rush of great waters,

they shall not reach him.



Psalm 39:12

"Hear my prayer, O LORD,  
and give ear to my cry;  
hold not your peace at my tears!  
For I am a sojourner with you,  
a guest, like all my fathers.

Psalm 42:8

By day the LORD commands his steadfast love,  
and at night his song is with me,  
a prayer to the God of my life.

Psalm 54:2

O God, hear my prayer;  
give ear to the words of my mouth.

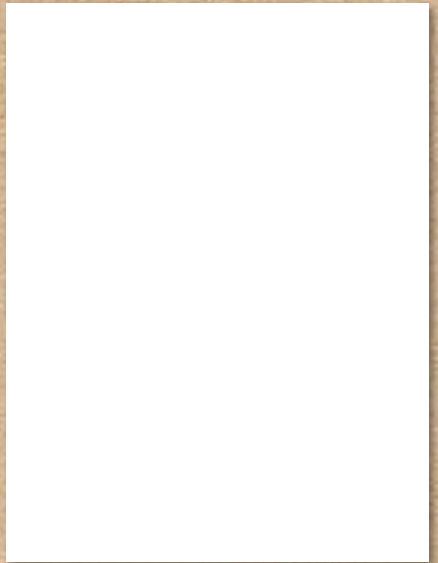
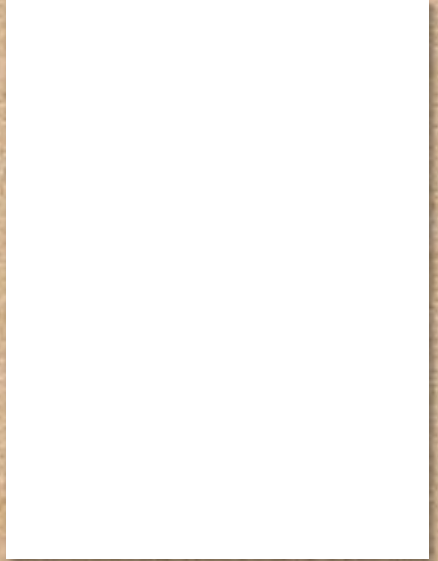
Psalm 55:1

Give ear to my prayer, O God,  
and hide not yourself from my plea for mercy!

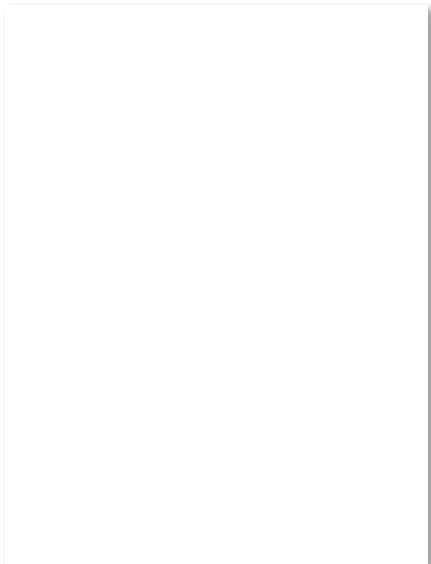
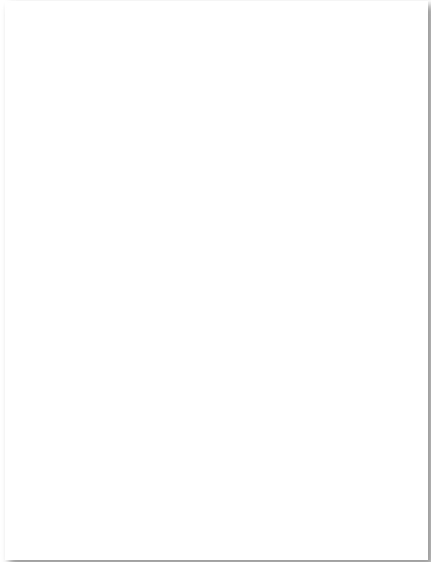
Psalm 61:1

Hear my cry, O God,  
listen to my prayer;

# CREATE YOUR OWN STORYBOARD



**Storyboard Definition:** a panel or series of panels on which a set of sketches is arranged depicting consecutively the important changes of scene and action in a series of shots.



## SKETCH IT OUT

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## THANK YOU FOR PARTICIPATING

### Event information and materials available:

In Fall 2021 we had a 10 week study called Art for God's Sake. This class was designed to help the Christian Artist discover God our Creator in art and what it means to be a Christian Artist. You can send an email to me if you would like the curriculum.

We had an art workshop on June 11, 2022 and will be scheduling another one hopefully this Summer 2023.

We did an Art Exhibition on September 25, 2022 during the Sunday coffee fellowship time. There are plans for doing another one within the next year. Stay tuned.

### Upcoming Opportunity:

We are looking for artists that would like to **submit an Easter themed artwork** to use on the Sunrise and Regular Easter Bulletins. If you would like to submit in artwork for the bulletin, please email me a scan of your work or stop by the Church Office by Sunday, March 12.

Email me at [mdrouin@spepchurch.org](mailto:mdrouin@spepchurch.org) if you are interested in being added to the Creative Design SPEP group room where we will share upcoming events and workshops.

# CHRISTIAN ART AND FAITH BOOK RECOMMENDATIONS

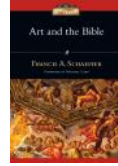
## Rembrandt is in the Wind

by Russ Ramsey



## Art and the Bible

by Francis Schaffer



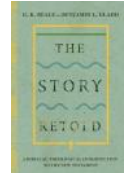
## Art & Faith

by Makoto Fujimura

## The Creative Gift

### Essays on Art and the Christian Life

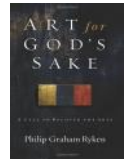
by H.R. Rookmaaker



## The Story Retold

### A Biblical Theological Introduction to the New Testament

by G. K Beale and Benjamin L. Gladd



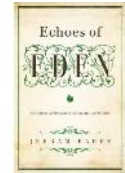
## Art For God's Sake – A Call to Recover the Arts

by Philip Graham Ryken

## Echoes of Eden

### Reflections on Christianity, Literature, and the Arts.

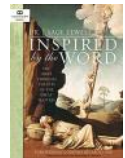
by Jerram Barrs



## Inspired by the Word

### The Bible through the eyes of the Great Masters

by Dr. J. Sage Elwell



## The Bible Illuminated

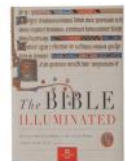
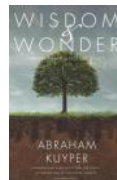
### How Art Brought the Bible to an Illiterate World

by Karen York, Ph.D. General Editor

## Wisdom & Wonder

### Common Grace in Science & Art

by Abraham Kuyper





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9:30am Worship Service followed by Discipleship hour

Scripture Text is from ESV